

2nd Edition

總有路走AdCare

Career Planning for SEN Youth

Honor U Ministry
www.iCare.world

The "Honor U - IT Volunteer Team," established in June 2009, aims to provide community care and voluntary teaching services to social welfare organizations and underprivileged groups. On December 12, 2012, it was officially registered as the Hong Kong non-profit organization "Honor U Ministry Ltd." (iCare) (Reg. No. 91/12252). Operated by volunteers, the organization leverages IT and new media platforms, combined with Christian character education, to offer IT vocational training and internships to autistic youth.

We believe autistic individuals can reshape their futures through IT training. Trained youth take on roles such as animators, editors, voice actors, and app developers, creating educational tools and channels focused on moral education, mental health, and rehabilitation.

Entering its second decade, iCare fosters "Inclusive Intergenerational Harmony" by empowering autistic youth as IT instructors to serve "senior citizens and long-term patients." They provide voluntary IT teaching services, such as smartphone and rehabilitation device tutorials.

With support from The Lee Yuen Haan Memorial Charitable Foundation and HSBC Charity Fund, we launched the "Elderly Tech Digital Ambassador" pilot program. This trains youth to create rehabilitation-themed videos and apps, offering care and encouragement to vulnerable groups.

The program adopts a Train-The-Trainer model, nurturing SEN youth to become IT instructors for the elderly while fostering understanding of their potential and future possibilities.



Founder's Aspiration: Faith, Hope, Love
Using Technology to Promote
Inclusive Intergenerational Harmony

Formation of the IT Volunteer Team

2009-2011

Uniting 300 Industry Enthusiasts
"IT Volunteer Team" to Support NGO
Instructors for YWCA's "Elderly IT Class"
Providing IT Support for "Cancer Families"





Registered as an NGO

2012

Parent-Child Character Education Platform
Providing IT Classes to Underprivileged
Hosting "Moral App Awards" in Cyberport
Building a 450K-Follower Community



Established iCare IT Social Enterprise

2016

"Smart Kid IT Tour" IT Voluntary Program
Founded "Finds Different" Game Studio
Developed 400 Moral Apps with 5.5M Downloads
Awarded HKICT Smart People Grand Award &
Smart Education and Learning Gold Award



Founded Family Online Animation Social Enterprise

2018

10th Anniversary "Charity Art Exhibition"
"Young Animators" Training Program
108 Science Park Corporate Animations
HK Top Ten Outstanding Social Service Award



1st Training Center Established

2021

Offers recording, filming, and green screen facilities
Launched the YouTube Channel
"SEN Home Training" Series during Pandemic



SEN Gerontechnology Digital Ambassador Program

2023

15th Anniversary "Charity Art Exhibition"
"Gerontechnology Ambassador" Program
Monthly "Elderly AI Classroom"
"Smartphone Scam Prevention Course"
"Game Arsenal" motion-sensing games for seniors

Left-Brain Potential
Smart Kids IT Tours Program

The "**Smart Kids IT Tour**" is a "Left-Brain Thinking Training Program" tailored for SEN (Special Educational Needs) children. We believe every child has unique potential, and with proper IT training, they can excel and fulfill the vision of "leveraging technology to develop SEN potential."

Using an interactive "**Learning through Play**" approach, the program nurtures logical thinking, focus, and problem-solving skills in a fun environment. It also emphasizes teamwork and communication, building confidence and team spirit, while promoting "**Helping others to help themselves**".

iCare's experience shows that many SEN youth excel in IT and digital creativity.

This program channels their talents systematically, guiding them to turn imaginative ideas into apps and animations, helping parents and the public better understand their world.



Acknowledgments:

Cyberport 數碼港 Microsoft CSOFT Grand Award 大獎 Hong Kong ICT Awards 香港資訊及通訊科技獎

A trainee once said: What I want most is for my family to play the games I create

Right-Brain Inspiration
Charity Art Education Program

The "**Charity Art Education Program**" is designed for SEN youth, focusing on "Right-Brain Artistic Thinking." Activities include AI-integrated T-shirt design, animator training, video editing, painting, and charity art exhibitions.

We believe art inspires curiosity, creativity, and emotional growth while improving communication skills. Through professional training, we nurture empathetic SEN art instructors to grow alongside SEN children and low-income families.

With the philosophy "**Everyone Can Do It**", we host volunteer art classes and workshops, encouraging parent-child participation in diverse creations. The "**Charity Art Exhibition**" showcases their talents while fostering compassion and giving back to society.

Through art, we connect communities, promote inclusiveness, and help participants find confidence and unlock their potential. Honored with the Lions Club's "Hong Kong Top Ten Outstanding Social Services Award," we continue to inspire lives through art.



Acknowledgments:

社會福利署 Social Welfare Department · VYOND · Find Arts Studio · Artiste Studio 展藝創作室 · &dear · 香港十大優質社會服務

An art instructor once said : Art education inspires children's curiosity & active exploration of the world around them

We see
The Potential in SEN Youth

Society often stereotypes SEN individuals, assuming weaknesses in areas like attention, communication, and emotional management. While it's true that many SEN youth face challenges such as poor hand-eye coordination, attention deficits, language difficulties, or emotional instability, these traits do not define their entire potential. In fact, SEN individuals often possess unique strengths, such as strong focus on areas of interest, exceptional attention to detail, outstanding visual memory, and talent in technology.

In Hong Kong, SEN youth are frequently trained for labor-intensive jobs in retail, catering, or logistics, as these are viewed as easier pathways for them to integrate into society. However, many of these roles require physical abilities that SEN youth may find challenging, such as balance and coordination, which often take years of sensory integration training to develop. Additionally, their "social barriers" make interacting with strangers or handling public-facing tasks particularly difficult, requiring immense courage and the ongoing support of family and friends.

While these challenges are real, they do not overshadow the unique talents and potential of SEN individuals, which deserve more recognition and nurturing from society.



Rather than forcing young people to fit into unsuitable jobs, leveraging AI technology can help them learn skills like document applications, image and animation creation, and video editing, unlocking their potential.

With proper training & patient guidance, SEN youth can overcome psychological barriers, find their place in the tech field, build confidence, and live a life of dignity.

A parent once said : We support each other to build an inclusive, cross-generational community

Is it difficult to integrate into society?

Many social welfare organizations now promote "**teaching according to abilities**", using training programs to help SEN individuals develop their potential. The government has also supported social enterprises to create flexible job opportunities, allowing SEN youth to adapt to workplaces—a positive step forward.

However, with SEN individuals making up over 7% of the population, charities and social enterprises alone cannot meet job demand. True integration requires the participation and acceptance of society, especially employers. While some employers doubt SEN individuals' abilities, many possess unique strengths like attention to detail, patience, and strong academic qualifications. Open-minded hiring can bring unexpected benefits to businesses.

Encouraging part-time or internship roles is an effective strategy, helping SEN individuals gradually adapt to work environments while reducing costs for businesses. Additionally, some parents have created "**Parent-Child Co-entrepreneurship**" models, starting small businesses with their SEN children. This allows youth to build confidence and adapt to society with family support.



As a parent, you can use your skills to guide your child, creating opportunities for their future while inspiring other families.



A trainee said : Talking with the elderly, they may just be sharing past experiences, but I've learned so much from them

Transforming from a Beneficiary to a Contributor

In a competitive society, marginalized groups, including SEN youth, often face exclusion and employment challenges. However, with proper guidance, they can transform from recipients of help to contributors to society.

Through the "**Train-The-Trainer**" program and internships, SEN youth receive over 100 hours of training, progressing from beginners to assistant trainers who lead courses and mentor others. This step-by-step model helps them build confidence, self-expression, and communication skills.

SEN youth are also encouraged to join community services, such as IT teaching for the elderly, fostering intergenerational inclusion and embodying the spirit of "**helping others to help themselves**".

By serving others, they discover their potential and redefine their future.

By aligning societal needs with their unique strengths, we can create a powerful force for inclusion, fostering a more harmonious society.

Together, we can support SEN youth in growing from needing help to actively giving back.



A mentor once said : Let's unite to build an inclusive and harmonious intergenerational society

Our path is not smooth, but "There's always a Way"

Society often views life as a competition, measuring success by rankings and "winning at the starting line." Yet, life is more like a journey, with highs and lows, laughter and tears. Like the tortoise in the story, steady persistence and a clear direction will eventually lead to the goal.

For parents of marginalized groups, the road may be harder and longer, but it's not one we walk alone. When facing challenges, don't fear seeking help—support is always near. These moments of mutual care make us stronger and give our children hope.

When life becomes smoother, don't forget the kindness you've received. Look out for those struggling and offer your support. Helping others not only lights up their lives but enriches yours as well.

Life is not a race but a shared journey. With clear goals and persistence, there's always a way forward. Together, let's build a warmer, more inclusive society.



The founder once said : True beauty
lies not in the destination
but in the journey's companionship

Parents are
lifelong mentors to their children

We believe parents are not just companions in their children's growth but also their most understanding and supportive teachers. That's why iCare's training and internships involve families, with parents and children participating together.

Through joint workplace experiences, parents and children deepen their understanding of each other's strengths and areas for growth. After each session, real-time evaluations help parents track progress and plan the next steps with trainers. This "parent-child collaboration" model strengthens bonds, uncovers children's unique potential, and helps identify suitable development paths.

This approach not only helps SEN youth integrate into society but also empowers parents to become genuine guides and companions in their children's lives. By actively participating in the process, parents gain a deeper understanding of their child's inner world, uncovering their unique talents and potential. This enables parents to provide tailored support, encouragement, and guidance, helping their child build confidence and take meaningful steps toward their future.



Walking alongside their children is not just about support—it's a journey of mutual growth. Parents witness their child's progress, celebrate milestones, and share in their successes. This brings a deep sense of fulfillment as they see their child confidently embrace new opportunities, building a strong foundation for a brighter future.

The Bible teaches us : Train up a child in the way he should go; and when he is old, he will not depart from it

Can SEN individuals have career planning too?

Career planning for SEN individuals is crucial, especially as their aging parents worry about their future employment. In Hong Kong's economic downturn, SEN individuals face intensified challenges in finding suitable jobs. However, the "elderly services" and "gerontechnology" sectors offer promising opportunities.

With the aging population increasing, the demand for elderly care services is rising, while manpower shortages worsen. SEN individuals, known for traits like patience, attentiveness, and focus, are well-suited for these roles.

To bridge this gap, we launched the "Gerontechnology Digital Ambassador Program," offering training in IT, digital applications, and gerontechnology. Participants gain practical skills through internships and volunteering, building confidence and moving towards workplace independence.

This program not only addresses employment challenges but also nurtures SEN individuals to become contributors in the growing elderly care and digital technology sectors.

We believe that

everyone's life journey is different.
Some may start behind on the race of life...
But with timely and appropriate career planning,
it is possible to rediscover direction,
and one day,
everyone can seize the turning point
to win in their career journey!

A trainee said : A 90-year-old granny's daily walks inspire me to value perseverance

The purpose of establishing iCare Foundation

Tiffany, the founder and voluntary chief executive of iCare Foundation, has over 15 years of experience supporting SEN families through IT and social media, earning numerous awards. In 2021, she suffered a severe brainstem stroke, leaving nearly 70% of her brainstem cells damaged.

During her rehabilitation, Tiffany founded the "總有路走Adcare" Facebook page, gathering over 260,000 patients and families to inspire and support one another. Sharing her journey, she encouraged others to overcome challenges and embrace a positive second chapter in life.

Recognizing her limited time, Tiffany devoted her critical illness insurance funds to establish the iCare Foundation. This initiative supports SEN families and vulnerable elderly, promoting intergenerational harmony and inspiring others to create a compassionate and inclusive community.

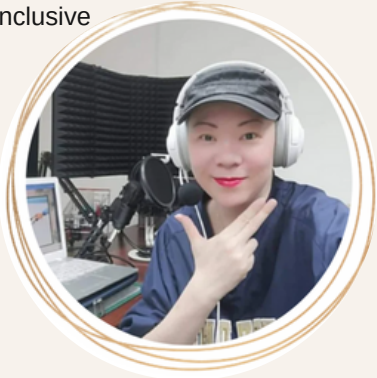
We strongly believe:
One person may achieve little, but united, we can create endless possibilities. Through the foundation, we unite talents from various sectors to build an inclusive, cross-generational community.

Mission
Leverage information technology to promote an inclusive community across abilities and generations.

Faith
Firmly believe that SEN youth can rewrite their future through information technology; building society and blessing the underprivileged.

Hope
Through timely and appropriate "career planning", help SEN families rekindle hope for self-reliance and overcoming limitations.

Love
Train SEN youth to participate in social services for the elderly and chronically ill, fostering an inclusive, cross-generational community.



Tiffany 朴陶
Awardee of the HK Humanity Award 2019

The founder once said : Everyone faces challenges; inspiring stories can uplift and encourage us all

Establish "Tech for Good" indicators Recognize and honor individuals, schools, and organizations that practice "Tech for Good"

IT Festival
Tech for Good Award

建立“科技向善”指標
表彰並獎勵實踐“科技向善”的個人、學校和組織



A retired participant said: I can now use many phone functions.
Thanks to the instructor & Tiffany's support.

Technology for Good:
Year-Round Plan



SPRING
Gerontechnology Fun Day



SUMMER
Smart Kids IT Family Class



FALL
iCare IT Festival



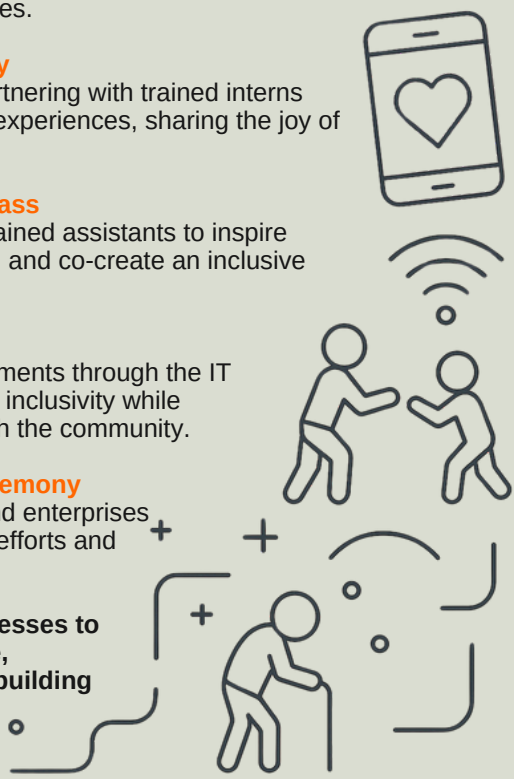
WINTER
Tech for Good Award Ceremony

A trainee said: We must come up with more projects for the elderly.

Technology for Good:
Bring positive change to society

We will adopt "Tech for Good" as our annual guiding principle, focusing on collaborating with local tertiary institutions to launch the "Elderly Tech Digital Ambassador" pilot program. This program will empower SEN youth to co-organize quarterly "Tech for Good" themed events.

Additionally, we will partner with major IT organizations to develop innovative projects that benefit the community, bringing diverse technological contributions to our seasonal activities.



Spring: Gerontechnology Fun Day
Celebrate Chinese New Year by partnering with trained interns to bring seniors heartwarming tech experiences, sharing the joy of digital living and festive blessings.

Summer: Smart Kids IT Family Class
Host family coding classes led by trained assistants to inspire creativity, foster interactive learning, and co-create an inclusive Roblox playground.

Autumn: iCare IT Festival
Showcase "Tech for Good" achievements through the IT Festival, highlighting innovation and inclusivity while sharing the charm of technology with the community.

Winter: Tech for Good Award Ceremony
Honor dedicated youth, partners, and enterprises advancing "Tech for Good," uniting efforts and envisioning a brighter future.

iCare invites academia and businesses to join the "Tech for Good" initiative, empowering the community and building a caring Hong Kong!

Together, let's use technology to inspire lives and create possibilities.

An elderly lady said: These young people develop technology for us - So Talented!

Tech for Good 科技向善

At iCare, "Tech for Good" is not just a slogan but a core value and guiding principle. We believe the true power of technology lies in its ability to touch lives, bridge gaps, and bring positive change. Our vision is to "**Leverage IT to promote inclusivity across abilities and generations**", transforming technology into care, particularly for SEN (Special Educational Needs) youth and the elderly.

Many SEN youth have exceptional talent in IT and digital creativity. Our "Tech for Good" initiatives start with empowering them through programs like the "Smart Kids IT Tours Program" and "Charity Arts Education Program," offering systematic training and internships in animation, video editing, app development, and AI tools. Using a "**Train-The-Trainer**" model, participants grow from learners to assistant instructors, building confidence and transitioning from "Beneficiaries" to "Contributors".

The "Elderly Tech Digital Ambassador" pilot program is a key "Tech for Good" initiative. Trained SEN youth take on the role of IT instructors, entering communities to support the elderly and chronic patients by teaching them how to use smartphones, tablets, and even creating gerontechnology games.



These interactions foster understanding, bridge generations, and allow SEN youth to find self-worth while seniors experience the warmth of technology.

The founder once said:
Our philosophy is that 'Everyone can do it'.

Elderly IT Classroom

Smartphone Scam Prevention Guide

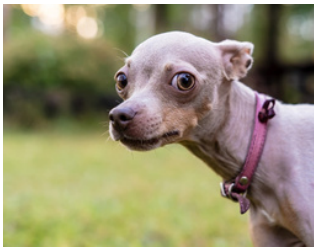
Protect Personal Data



Preventing Spoofed Calls:
Scammers often impersonate agencies or companies to verify personal data.

Be cautious with unknown calls or messages:
Do not respond or share personal information. Ignore rather than challenge scammers.

Do not share personal information:
Such as ID number, credit card/bank account, passwords.



Identify Scams

Do not be tempted by rewards or trust online ads:
Be cautious of special online ads or promotions. Scammers may impersonate reputable companies with fake deals or lotteries. Stay skeptical, click carefully, and avoid sharing.

Do not trust unknown links:
Be skeptical, even if sent by friends. Avoid quizzes or social media links, as scammers seek access to your network or device.

Secure Applications, Ensure Protection



Be cautious when downloading applications:
Avoid downloading apps from unknown websites. Only download from official app stores.
（Google Play or Apple App Store）

Enable Two-Factor Authentication:
At minimum, enable SMS or email verification to enhance security and prevent unauthorized access.

Stay calm when receiving suspicious calls
Do not rush to respond. Discuss with family or friends first. Try to delay or hang up directly.

Police - Anti-Scam Hotline

18222

Amateurs in fraud prevention, professionals in scams
Report to the police when needed, don't act rashly.

poe.com Ai Class

Poe

POE is currently the easiest-to-use AI toolbox. You can use it for inquiries, designing, and even for communication. Below are some practical AI tools for seniors and parents of children with special educational needs (SEN).



Chibi Cartoon Character Creation

Demo:

Elderly woman, happy, laughing,
Yellow clothing, work uniform,
Countryside background

poe.com/ChiBi.Drawing

AI Healthy Recipes

(Beta Version)

Propose suitable recipes for you:
Who do you want to cook for?
When will it be eaten?
And what ingredients would you like to use?

poe.com/iCare_recipe





Lymphoma Awareness AI Assistant

A long-term volunteer was diagnosed with lymphoma. Other volunteers created an AI assistant to comfort her emotionally and provide patients and caregivers with dietary tips and daily living advice.

poe.com/Lymphoma.Cancer

Make good use of AI to become a highly intelligent assistant in daily life and for suggesting healthy recipes.

"**AI Courses for Seniors**" is part of the "Digital Ambassador Program" internship training. SEN interns learn AI tools (poe.com) and apply AI knowledge base concepts to create practical AI assistants for the "silver generation" and "chronic illness patients."
They also develop teaching materials and, through Zoom sessions, in-person classes, and exhibition booth activities, guide seniors in creating "smart greeting cards," "social media avatars," and "T-shirt design patterns." Unleashing creativity without limits and turning ideas into reality.



A Journey of Biblical Wisdom

An AI Search Tool for Christians, Specializing in Bible Verses and Christian Quotes

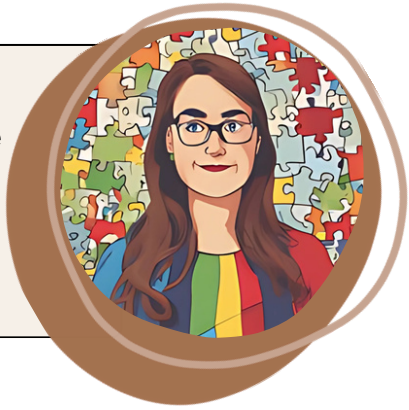
poe.com/iCare.Bible

SEN Parent Listener

(Beta Version)

We often suffer from insomnia from the stress of raising children or feel we have 'nowhere to share struggles.' We created an AI Listener to help ease stress and emotions step by step.
(All content remains known only to you)

poe.com/AutismCounselor





Emotion Elf Bob

Welcome to the 'Emotion Forest'.
I am 'Emotion Elf' Bob.
Hello, let's have a chat!
(All content remains known only to you)

poe.com/Emotion.Angel

When nobody truly cares,
i ... Care!



www.icare.world



info@icare.world


+852 3481 1311


youtube.com/@iCare_Family

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